



The
enchantingLawyer[™]

Action Guide

Ryan Michler

1. Be more Accountable

Ryan talks about how it is vital that we are more accountable for our actions, and take more responsibility for ourselves. From the President of the USA to the man in the street, we need to stop blaming other people and start to be accountable for our actions and learn from our mistakes.

How Does It Apply?

Write down below some things which you have done, which you could have done better. This is the first step to being accountable. Now think about what you can do to make them better the next time.

2. Get a Morning Routine

Ryan explains how a morning routine helps him to stay focused, healthy and be effective. Each person needs a routine which works for them, but a good starting point is to make sure that you get some exercise and that you try to spend some time with those who are important to you.

How Does It Apply?

Write down below your ideas about what you can put into your morning routine to make sure that you are being as effective as possible during the rest of the day.

3. Ask for Help

Ryan describes how a lot of people don't like to ask for help. By reaching out to people who you admire, you can learn the skills and mindset that you need, quicker and allow yourself to excel at the thing which you admire.

How Does It Apply?

Write down below some people that you admire and why. Now figure out a way that you can reach out to them.